Week commencing 17 January 2022 (Cycle week 1)

| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| --- | --- | --- | --- | --- |
| **Main Course** | | | | |
| Spaghetti Bolognese & Garlic Bread | Sausage & Mash | Roast Chicken with Roast Potatoes & Gravy | Cheese & Tomato Pizza | Chicken Wrap & Wedges |
| Vegetarian Spaghetti Bolognese & Garlic Bread | Vegetarian Sausage & Mash | Quorn Roast with Roast Potataoes | Vegetable Pizza | Jacket Potato with Cheese |
|  |  |  | Jacket Potato with Beans |  |
| **Side** | | | | |
| Peas | Peas | Broccoli | Sweetcorn | Vegetable Sticks |
| Carrots | Bean | Carrots | Carrot Sticks |  |
| **Pudding** | | | | |
| Fruit Crumble & Custard | Carrot Cake | Flapjack | Homemade Cupcakes | Chocolate Cornflake Cake |
| Fruit | Fruit | Fruit | Fruit | Fruit |
| Yoghurt | Yoghurt | Yoghurt | Yoghurt | Yoghurt |

Week commencing 24 January 2022 (Cycle week 2)

| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| --- | --- | --- | --- | --- |
| **Main Course** | | | | |
| Chicken Pasta Bake | Cottage Pie | Roast Beef with Roast Potatoes & Gravy | Macaroni Cheese | Breaded Fish & Chips |
| Vegetable Pasta Bake | Jacket Potato with Cheese | Quorn Roast with Roast Potatoes | Jacket Potato with Beans | Tuna Pasta Bake |
| Jacket Potato with Beans |  |  |  |  |
| **Side** | | | | |
| Sweetcorn | Broccoli | Carrots | Broccoli | Baked Beans |
| Peas | Peas | Sweetcorn | Carrots | Peas |
| **Pudding** | | | | |
| Flapjack | Sponge cake & Custard | Chocolate Crunch | Banana & Chocolate Chip Muffins | Vanilla Ice Cream & Jelly |
| Fruit | Fruit | Fruit | Fruit | Fruit |
| Yoghurt | Yoghurt | Yoghurt | Yoghurt | Yoghurt |

Week commencing 31 January 2022 (Cycle week 1)

| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| --- | --- | --- | --- | --- |
| **Main Course** | | | | |
| Spaghetti Bolognese & Garlic Bread | Sausage & Mash | Roast Chicken with Roast Potatoes & Gravy | Cheese & Tomato Pizza | Chicken Wrap & Wedges |
| Vegetarian Spaghetti Bolognese & Garlic Bread | Vegetarian Sausage & Mash | Quorn Roast with Roast Potataoes | Vegetable Pizza | Jacket Potato with Cheese |
|  |  |  | Jacket Potato with Beans |  |
| **Side** | | | | |
| Peas | Peas | Broccoli | Sweetcorn | Vegetable Sticks |
| Carrots | Bean | Carrots | Carrot Sticks |  |
| **Pudding** | | | | |
| Fruit Crumble & Custard | Carrot Cake | Flapjack | Homemade Cupcakes | Chocolate Cornflake Cake |
| Fruit | Fruit | Fruit | Fruit | Fruit |
| Yoghurt | Yoghurt | Yoghurt | Yoghurt | Yoghurt |

Week commencing 07 February 2022 (Cycle week 2)

| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| --- | --- | --- | --- | --- |
| **Main Course** | | | | |
| Chicken Pasta Bake | Cottage Pie | Roast Beef with Roast Potatoes & Gravy | Macaroni Cheese | Breaded Fish & Chips |
| Vegetable Pasta Bake | Jacket Potato with Cheese | Quorn Roast with Roast Potatoes | Jacket Potato with Beans | Tuna Pasta Bake |
| Jacket Potato with Beans |  |  |  |  |
| **Side** | | | | |
| Sweetcorn | Broccoli | Carrots | Broccoli | Baked Beans |
| Peas | Peas | Sweetcorn | Carrots | Peas |
| **Pudding** | | | | |
| Flapjack | Sponge cake & Custard | Chocolate Crunch | Banana & Chocolate Chip Muffins | Vanilla Ice Cream & Jelly |
| Fruit | Fruit | Fruit | Fruit | Fruit |
| Yoghurt | Yoghurt | Yoghurt | Yoghurt | Yoghurt |

Week commencing 14 February 2022 (Cycle week 1)

| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| --- | --- | --- | --- | --- |
| **Main Course** | | | | |
| Spaghetti Bolognese & Garlic Bread | Sausage & Mash | Roast Chicken with Roast Potatoes & Gravy | Cheese & Tomato Pizza | Chicken Wrap & Wedges |
| Vegetarian Spaghetti Bolognese & Garlic Bread | Vegetarian Sausage & Mash | Quorn Roast with Roast Potataoes | Vegetable Pizza | Jacket Potato with Cheese |
|  |  |  | Jacket Potato with Beans |  |
| **Side** | | | | |
| Peas | Peas | Broccoli | Sweetcorn | Vegetable Sticks |
| Carrots | Bean | Carrots | Carrot Sticks |  |
| **Pudding** | | | | |
| Fruit Crumble & Custard | Carrot Cake | Flapjack | Homemade Cupcakes | Chocolate Cornflake Cake |
| Fruit | Fruit | Fruit | Fruit | Fruit |
| Yoghurt | Yoghurt | Yoghurt | Yoghurt | Yoghurt |

Week commencing 28 February 2022 (Cycle week 2)

| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| --- | --- | --- | --- | --- |
| **Main Course** | | | | |
| Chicken Pasta Bake | Cottage Pie | Roast Beef with Roast Potatoes & Gravy | Macaroni Cheese | Breaded Fish & Chips |
| Vegetable Pasta Bake | Jacket Potato with Cheese | Quorn Roast with Roast Potatoes | Jacket Potato with Beans | Tuna Pasta Bake |
| Jacket Potato with Beans |  |  |  |  |
| **Side** | | | | |
| Sweetcorn | Broccoli | Carrots | Broccoli | Baked Beans |
| Peas | Peas | Sweetcorn | Carrots | Peas |
| **Pudding** | | | | |
| Flapjack | Sponge cake & Custard | Chocolate Crunch | Banana & Chocolate Chip Muffins | Vanilla Ice Cream & Jelly |
| Fruit | Fruit | Fruit | Fruit | Fruit |
| Yoghurt | Yoghurt | Yoghurt | Yoghurt | Yoghurt |

Week commencing 07 March 2022 (Cycle week 1)

| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| --- | --- | --- | --- | --- |
| **Main Course** | | | | |
| Spaghetti Bolognese & Garlic Bread | Sausage & Mash | Roast Chicken with Roast Potatoes & Gravy | Cheese & Tomato Pizza | Chicken Wrap & Wedges |
| Vegetarian Spaghetti Bolognese & Garlic Bread | Vegetarian Sausage & Mash | Quorn Roast with Roast Potataoes | Vegetable Pizza | Jacket Potato with Cheese |
|  |  |  | Jacket Potato with Beans |  |
| **Side** | | | | |
| Peas | Peas | Broccoli | Sweetcorn | Vegetable Sticks |
| Carrots | Bean | Carrots | Carrot Sticks |  |
| **Pudding** | | | | |
| Fruit Crumble & Custard | Carrot Cake | Flapjack | Homemade Cupcakes | Chocolate Cornflake Cake |
| Fruit | Fruit | Fruit | Fruit | Fruit |
| Yoghurt | Yoghurt | Yoghurt | Yoghurt | Yoghurt |

Week commencing 14 March 2022 (Cycle week 2)

| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| --- | --- | --- | --- | --- |
| **Main Course** | | | | |
| Chicken Pasta Bake | Cottage Pie | Roast Beef with Roast Potatoes & Gravy | Macaroni Cheese | Breaded Fish & Chips |
| Vegetable Pasta Bake | Jacket Potato with Cheese | Quorn Roast with Roast Potatoes | Jacket Potato with Beans | Tuna Pasta Bake |
| Jacket Potato with Beans |  |  |  |  |
| **Side** | | | | |
| Sweetcorn | Broccoli | Carrots | Broccoli | Baked Beans |
| Peas | Peas | Sweetcorn | Carrots | Peas |
| **Pudding** | | | | |
| Flapjack | Sponge cake & Custard | Chocolate Crunch | Banana & Chocolate Chip Muffins | Vanilla Ice Cream & Jelly |
| Fruit | Fruit | Fruit | Fruit | Fruit |
| Yoghurt | Yoghurt | Yoghurt | Yoghurt | Yoghurt |

Week commencing 21 March 2022 (Cycle week 1)

| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| --- | --- | --- | --- | --- |
| **Main Course** | | | | |
| Spaghetti Bolognese & Garlic Bread | Sausage & Mash | Roast Chicken with Roast Potatoes & Gravy | Cheese & Tomato Pizza | Chicken Wrap & Wedges |
| Vegetarian Spaghetti Bolognese & Garlic Bread | Vegetarian Sausage & Mash | Quorn Roast with Roast Potataoes | Vegetable Pizza | Jacket Potato with Cheese |
|  |  |  | Jacket Potato with Beans |  |
| **Side** | | | | |
| Peas | Peas | Broccoli | Sweetcorn | Vegetable Sticks |
| Carrots | Bean | Carrots | Carrot Sticks |  |
| **Pudding** | | | | |
| Fruit Crumble & Custard | Carrot Cake | Flapjack | Homemade Cupcakes | Chocolate Cornflake Cake |
| Fruit | Fruit | Fruit | Fruit | Fruit |
| Yoghurt | Yoghurt | Yoghurt | Yoghurt | Yoghurt |

Week commencing 28 March 2022 (Cycle week 2)

| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| --- | --- | --- | --- | --- |
| **Main Course** | | | | |
| Chicken Pasta Bake | Cottage Pie | Roast Beef with Roast Potatoes & Gravy | Macaroni Cheese | Breaded Fish & Chips |
| Vegetable Pasta Bake | Jacket Potato with Cheese | Quorn Roast with Roast Potatoes | Jacket Potato with Beans | Tuna Pasta Bake |
| Jacket Potato with Beans |  |  |  |  |
| **Side** | | | | |
| Sweetcorn | Broccoli | Carrots | Broccoli | Baked Beans |
| Peas | Peas | Sweetcorn | Carrots | Peas |
| **Pudding** | | | | |
| Flapjack | Sponge cake & Custard | Chocolate Crunch | Banana & Chocolate Chip Muffins | Vanilla Ice Cream & Jelly |
| Fruit | Fruit | Fruit | Fruit | Fruit |
| Yoghurt | Yoghurt | Yoghurt | Yoghurt | Yoghurt |

Week commencing 04 April 2022 (Cycle week 1)

| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| --- | --- | --- | --- | --- |
| **Main Course** | | | | |
| Spaghetti Bolognese & Garlic Bread | Sausage & Mash | Roast Chicken with Roast Potatoes & Gravy | Cheese & Tomato Pizza | Chicken Wrap & Wedges |
| Vegetarian Spaghetti Bolognese & Garlic Bread | Vegetarian Sausage & Mash | Quorn Roast with Roast Potataoes | Vegetable Pizza | Jacket Potato with Cheese |
|  |  |  | Jacket Potato with Beans |  |
| **Side** | | | | |
| Peas | Peas | Broccoli | Sweetcorn | Vegetable Sticks |
| Carrots | Bean | Carrots | Carrot Sticks |  |
| **Pudding** | | | | |
| Fruit Crumble & Custard | Carrot Cake | Flapjack | Homemade Cupcakes | Chocolate Cornflake Cake |
| Fruit | Fruit | Fruit | Fruit | Fruit |
| Yoghurt | Yoghurt | Yoghurt | Yoghurt | Yoghurt |